

Corn

- Remove husks & silk. Boil 3-5 min.
- Grill or mix into a bean salad, or into cornbread. Frozen kernels can be easily mixed into soups or sautéed with other veggies for a quick side.
- Eat quickly! (within 48 hours)

Refrigerate un-husked corn in a plastic bag for up to 3 days.

To freeze: blanch cob 7-11 min and freeze in plastic bag. Thaw for 2 hours.

