

# Eggplant

- Wash & remove stem, slice or cube.
- Use in curries, soups, stir-fry, mix with pasta and sauce, roast, cook, grill on kabobs, or slice on top of pasta.
- Eat soon (up to 1 week)

Store in a cool, dry place temporarily or in fridge 5-7 days.

*To freeze: blanch in cubes or discs for 4 min, cool, dry, and freeze.*

