

# Garlic Scapes

- Rinse, trim ends and discard flowery blossom.
- Sauté and add to fried rice, omelets, stir-fries, pizza, or blend into a pesto for a garlicky twist.
- Take your time eating (2-3 weeks)

Store in a paper bag in the fridge.

*To freeze: blanch 60 seconds, cool, and dry. Transfer to an airtight container or plastic bag and freeze.*

