

Mustard Greens

- Wash thoroughly and remove any tough stems. Tear or chop into bite-sized pieces.
- Peppery leaves add flavor and a hint of spice.
- Eat raw, braised, sautéed, and steamed.
- Eat quickly! (3-5 days)

Store loosely wrapped in a plastic bag in the fridge.

To freeze: wash and chop the leaves, blanch for 2-3 minutes, cool, dry, and store in an airtight container.

