

Peas

- Easy way to add color & sweetness to a dish.
- Sauté with onion and mushroom to add to pasta, or mash with avocado and spread on toast topped with sea salt and red pepper flakes.
- Eat soon (1 week)

Refrigerate in a bag for 3-5 days.

To freeze: remove from pod, rinse, and blanch 1-2 min. Cool in ice water and dry. Store in container.

