

# Potatoes

- Great way to add heartiness to a meal. Add cubes to soups & stews, roast or mash with herbs, or use shredded in a hash or fritter.
- Take your time to eat (good for several weeks)

Store in a cool, dark and dry place.

**Avoid** storing near onions!

*To freeze: best frozen when mashed.*

*Thaw 30 min, reheat 15-20 min.*

