

# Raspberries

- Rinse & pat dry before using.
- Add to oatmeal, cereal or yogurt, blend into a fruit smoothie, make a jam, or bake into your favorite dessert.
- Eat quickly! (2-3 days)

Store in a shallow container loosely packed and covered with plastic wrap in the fridge. Do not wash until ready to eat-moisture will shorten shelf life.

*To freeze: wash in cold water, pat dry and place in a single layer on a baking pan for a few hours. Transfer to freezer bags and use within 1 year.*

