

# Rhubarb

- Cut away ends and remove leaves (it is not recommended to eat leaves).
- Pair with sweeteners such as fruit, sugar, syrup or fruit juices. Create compotes, pies and sauces with these pairings.
- Take your time eating (good for 2 weeks-1 month)

Seal in a plastic bag and store in the fridge.

*To freeze: blanch, cool and dry. Freeze on baking pan then transfer to bags to store.*

