

Spinach

- Wash leaves with a salad spinner.
- Add to salad, or sauté with pine nuts, garlic, and olive oil to toss over pasta. Serve on top of a veggie pizza, or add leaves to a stir-fry or quiche.
- Eat soon (1 week)

Store unwashed in the vegetable crisper in a plastic bag. Wet spinach spoils quickly!

To freeze: wash, blanch 2 min, cool and dry. Store in a sealed bag or container.

